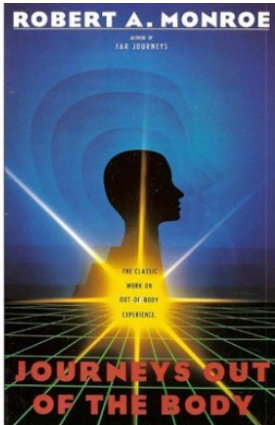


(TMI Newsletter – August 8, 2012)

## THE TRUTH IS NEVER TOO LATE TO LEARN

*Myth Busting Begins at Home*



One of the stories we've always believed at TMI is that Bob Monroe coined the term, "out-of-body-experience." Not so. When an Institute friend recently challenged that story, we dug into it.

During the early days of Bob's investigations he met and formed a lifelong friendship with Charles Tart, PhD,

*"an American psychologist and parapsychologist known for his psychological work on the nature of*

*consciousness (particularly altered states of consciousness), as one of the founders of the field of transpersonal psychology, and for his research in scientific parapsychology."*

It was "Charley" who encouraged Bob to publish his early journal writings, which became ***Journeys Out of the Body***.

To clear up the mystery of who invented the OBE term we approached Charley. He confirmed that it was not Bob, but neither was it Charley himself.

**Wikipedia** claims, *The term out-of-body experience was introduced in 1943 by George N. M. Tyrrell in his book Apparitions. and adopted by, for example, Celia Green and Robert Monroe as a bias-free alternative to belief-centric labels such as "astral projection," "soul travel," or "spirit walking."*